



Team Bib #: \_\_\_\_\_ (completed by race staff)

Team Name: \_\_\_\_\_

Team Captain: \_\_\_\_\_

Team Category:      Mixed              All Female              All Male

(circle one)

*This is a five lap race. Each runner may run one, two, three, or four laps. Any runner completing more than one lap must do so consecutively. For example, the same person cannot run lap #1 and lap #5, but they can run laps #1 and #2 or laps #4 and #5. This form must be submitted in order to pick up the team's bib.*

***Trophies for the fastest female team, fastest male team, and fastest mixed team.***

	Name	Age	Gender
Lap 1			
Lap 2			
Lap 3			
Lap 4			
Lap 5			